



Asian American Health in the United States and U.S. Territories

Welcome to “Asian American Health in the United States and U.S. Territories: A Pathfinder to Resources” from the Office of Minority Health (OMH) Knowledge Center. This pathfinder walks users through some key articles, reports, and other resources that touch upon diseases, social determinants of health, racial justice, and other important topics. Please see the additional pathfinders that directly relate to other racial minority groups.

These selections may be helpful to:

- Researchers
- Clinicians
- Public health practitioners
- Advocates
- Instructors
- Students
- Others working to improve the health of Asian Americans

This pathfinder can be used to support research or instructional activities in classrooms, libraries, health fairs, and community health worker programs.

The OMH Knowledge Center is the largest dedicated repository of health disparities information in the nation, with a collection of more than 70,000 articles, reports, books, journals, organizations, and multimedia resources related to the health status of racial and ethnic minority populations. The collection also includes sources on consumer health material in more than 40 languages.

To locate additional materials, search the online library catalog at: <https://minorityhealth.hhs.gov/opac>.

Examples for keyword searching in the OMH Knowledge Center online library catalog:

- **Subject:**

ARABS	FILIPINOS	PAKISTANI
ARAB AMERICANS	HMONG	SRI LANKAN
ASIANS	JAPANESE	SOUTH ASIANS
ASIAN INDIANS	KOREANS	SOUTHEAST ASIANS
CAMBODIANS	LAOTIANS	THAI
CHINESE	NEPALESE	VIETNAMESE

- **Format:** Select either ORGANIZATION / BOOK / DOCUMENT / ARTICLES / FACT SHEET

Journals

- Asian American Journal of Psychology
- Asian Pacific Journal of Cancer Prevention
- Asian/Pacific Island Nursing Journal
- Health Equity
- Journal of Immigrant and Minority Health
- Journal of Racial and Ethnic Health Disparities
- Journal of Transcultural Nursing

A Sampling of Resources

The selection of resources below demonstrates the variety of articles, reports, and books that can be accessed through the OMH Knowledge Center.

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Overviews

AAPIs 2040: AAPI Nexus: Asian Americans & Pacific Islanders Policy, Practice and Community - Special Issue. Los Angeles, CA: UCLA Asian American Studies Center, AAPI Nexus: Asian Americans & Pacific Islanders Policy, Practice and Community, v. 14, #1 (Spring), 2016. 178 p.

<http://www.aapinexus.org/2016/03/22/volume-14-1/>

Bridging the Divide: Strengthening Community Engagement and Partnership. Ong, P. M., ed. Los Angeles, CA: UCLA Asian American Studies Center, AAPI Nexus: Asian Americans & Pacific Islanders Policy, Practice and Community, 2019. v. 16, #1-2, xxvi, 244 p. <http://www.aapinexus.org/2019/09/23/volume-16/>

Cultural Language Access Standards in Asian American, Native Hawaiian and Pacific Islander Serving Health Centers: 2016 Survey Report. San Leandro, CA: Association of Asian Pacific Community Health Organizations (AAPCHO), 2017. 33 p. https://www.aapcho.org/wp/wp-content/uploads/2017/10/AAPCHO-2016-CLAS-Survey-Report_030717-1.pdf

Health of Non-Hispanic Asian Adults: United States, 2010-2014: NCHS Data Brief, No. 247. Bloom, B.; Black, L. I. Hyattsville, MD: Centers for Disease Control and Prevention (CDC), National Center for Health Statistics (NCHS), 2016. 8 p. <http://www.cdc.gov/nchs/data/databriefs/db247.pdf>

National Healthcare Quality and Disparities Report: Chartbook on Healthcare for Asians and Native Hawaiians/Pacific Islanders. Rockville, MD: Agency for Healthcare Research and Quality (AHRQ), 2020. 42 p. Includes bibliographic references.

<https://www.ahrq.gov/sites/default/files/wysiwyg/research/findings/nhqdr/chartbooks/asian-nhpi/asian-nhpi-chartbook.pdf>

Southeast Asian American Journeys: A National Snapshot of Our Communities. Los Angeles. Washington, DC: Southeast Asia Resource Action Center (SEARAC), 2020. 96 p. https://www.searac.org/wp-content/uploads/2020/02/SEARAC_NationalSnapshot_PrinterFriendly.pdf

Access to Care

Implementation Research and Asian American/Pacific Islander Health. Tsai, J. H.; Tu, S.; Perrin, N. A.; Breslau, E. S. *Asian/Pacific Island Nursing Journal*, v. 1, #2 (2016): 7, 2016.

<http://dx.doi.org/10.9741/23736658.1013>

The Importance of Health Insurance in Addressing Asian American Disparities in Utilization of Clinical Preventive Services: 12-Year Pooled Data from California. McMenamin, S. B.; Pourat, N.; Lee, R.; Breen, N. *Health Equity*, v. 4, #1, p. 292-303, 2020. <https://doi.org/10.1089/hea.2020.0008>

Limited English Proficiency and Health Service Use in Asian Americans. Jang, Y.; Kim, M. T. *Journal of Immigrant and Minority Health*, v. 21, #2 (April), p. 264–270, 2019.

<https://www.ncbi.nlm.nih.gov/pubmed/29797103>

Shining the Light on Asian American, Native Hawaiian, and Pacific Islander Health: Journal of Health Care for the Poor and Underserved: v. 26, #2 Supplement (May) - Special Issue. Tseng, W.; Panapasa, S.; Kaholokula, J. K.; Gor, B. J.; Kwon, S. C., ed. Baltimore, MD: Johns Hopkins University Press, 2015. xiv, 268 p.

http://muse.jhu.edu/journals/journal_of_health_care_for_the_poor_and_underserved/toc/hpu.26.2A.html

Social Determinants of Health among Rural Asian and Pacific Islander Populations. Probst, J. C.; Ajmal, F. Columbia, SC: Rural and Minority Health Research Center, 2019. 10 p.

https://sc.edu/study/colleges_schools/public_health/research/research_centers/sc_rural_health_research_center/documents/socialdeterminantsofhealthamongruralasianandpacificislanderpopulations.pdf

Chronic Conditions

Asian American Cancer Disparities: The Potential Effects of Model Minority Health Stereotypes. Ibaraki, A. Y.; Hall, G. C. N.; Sabin, J. A. *Asian American Journal of Psychology*, v. 5, #1 (March), p. 75-81, 2014.

<https://doi.org/10.1037/a0036114> DOI: 10.1037/a0036114

Chronic Conditions, Behavioral Health, and Use of Health Services Among Asian American Men: The First Nationally Representative Sample. Huang, B.; Appel, H. B.; Nicdao, E. G.; Lee, H. J. D.; Ai, A. L. *American Journal of Men's Health*, v. 7, #1 (January), p. 66-76, 2013. <http://www.ncbi.nlm.nih.gov/pubmed/22992317>

Culture in Cancer Survivorship Interventions for Asian Americans: A Systematic Review and Critical Analyses. Cao, W.; Cho, H. *Asian American Journal of Psychology*, v. 12, #1 (March), p. 65-75, 2021.

<https://doi.org/10.1037/aap0000225>

Diabetes Prevalence and Risk Factors in Four Asian American Communities. Stewart, S. L.; Dang, J.; Chen, M. S. *Journal of Community Health*, v. 41, #6 (November/December), p. 1264-1273, 2016.

<http://www.ncbi.nlm.nih.gov/pubmed/27339064>

The Effect of Acculturation on Obesity Among Foreign-Born Asians Residing in the United States. Nguyen, H. H.; Smith, C.; Reynolds, G. L.; Freshman, B. *Journal of Immigrant and Minority Health*, v. 17, #2 (March-April), p. 389-399, 2015. <http://www.ncbi.nlm.nih.gov/pubmed/24781781>

Self-Reported Prevalence of Hypertension and Antihypertensive Medication Use Among Asian Americans: Behavioral Risk Factor Surveillance System 2013, 2015 and 2017. Fang, J.; Luncheon, C.; Patel, A.; Ayala, C.; Gillespie, C., et al. *Journal of Immigrant and Minority Health*, v. 23, #1 (February), p. 26-34, 2021.

<https://pubmed.ncbi.nlm.nih.gov/32451693/>

Children & Families

Do Spouses Matter?: Discrimination, Social Support, and Psychological Distress among Asian Americans. Rollock, D.; Lui, P. P. *Cultural Diversity and Ethnic Minority Psychology*, v. 22, #1 (January), p. 47-57, 2016. <https://www.ncbi.nlm.nih.gov/pubmed/25867552>

Gender Difference in Body Fat for Healthy Chinese Children and Adolescents. Guo, B.; Wu, Q.; Gond, J.; Xiao, Z.; Tang, Y., et al. *Childhood Obesity*, v. 12, #2 (March-April), p. 144-154, 2016.

<http://www.ncbi.nlm.nih.gov/pubmed/26974254>

Intimate Partner Violence Among Asian Americans and Their Use of Mental Health Services: Comparisons with White, Black, and Latino Victims. Cho, H.; Kim, W. J. *Journal of Immigrant and Minority Health*, v. 14, #5 (October), p. 809-815, 2012. <http://www.ncbi.nlm.nih.gov/pubmed/22527745>

Parents and Teachers' Perspectives on School Bullying among Elementary School-Aged Asian and Latino Immigrant Children. Shea, M.; Wang, C.; Shi, W.; Gonzalez, V.; Espelage, D. *Asian American Journal of Psychology*, v. 7, #2 (June), p. 83-96, 2016. <http://dx.doi.org/10.1037/aap0000047>

Patterns of Racial-Ethnic Socialization in Asian American Families: Associations With Racial-Ethnic Identity and Social Connectedness. Atkin, A. L.; Yoo, H. C. *Journal of Counseling Psychology*, v. 68, #1 (January), p. 17-26, 2021. <https://pubmed.ncbi.nlm.nih.gov/32237885/>

Perceptions of Social Status in Chinese American Children: Associations With Social Cognitions and Socioemotional Well-Being. Chen, S. H.; Gleason, T. R.; Wang, M. M.; Liu, C. H.; Wang, L. K. *Asian American Journal of Psychology*, v. 10, #4 (December), p. 362-372, 2019.

<https://doi.org/10.1037/aap0000161>

Sociocultural Factors Associated with Awareness of Palliative Care and Advanced Care Planning Among Asian Populations. Shen, J. J.; Dingley, C.; Yoo, J. W.; Rathi, S.; Kim, S. K., et al. *Ethnicity & Disease*, v. 30, #3 (Summer), p. 459-468, 2020. <https://pubmed.ncbi.nlm.nih.gov/32742151/>

Hepatitis

Asian Americans and Hepatitis B: Fact Sheet. Silver Spring, MD: U.S. Food and Drug Administration (FDA), 2018. 1 p. <https://www.fda.gov/media/97631/download>

Disparities in Hepatitis B Virus Infection and Immunity among New York City Asian American Patients, 1997 to 2017. Tang, A. S.; Lyu, J.; Wang, S.; He, Q.; Pong, P., et al. American Journal of Public Health, v. 108, #4 Supplement (November), p. S327–S335, 2018. <https://www.ncbi.nlm.nih.gov/pubmed/30383421>

HCV Prevalence in Asian Americans in California. Lin, O. N.; Chang, C.; Lee, J.; Do, A.; Martin, M., et al. Journal of Immigrant and Minority Health, v. 19, #1 (January/February), p. 91-97, 2017. <http://www.ncbi.nlm.nih.gov/pubmed/26798070>

Hepatitis B among Asian Americans: Prevalence, Progress, and Prospects for Control. Chen, M. S., Jr.; Dang, J. World Journal of Gastroenterology, v. 21, #42 (November), p. 11924-11930, 2015. <https://www.ncbi.nlm.nih.gov/pubmed/26576081>

Hepatitis B Screening in Asian and Pacific Islanders: New Guidelines, Old Barriers. Nguyen, C. T.; Lin, S. Y. Journal of Immigrant and Minority Health, v. 17, #5 (September-October), p. 1585-1587, 2015. <http://www.ncbi.nlm.nih.gov/pubmed/25354568>

Lay Health Worker Intervention Improved Compliance with Hepatitis B Vaccination in Asian Americans: Randomized Controlled Trial. Juon, H. S.; Strong, C.; Kim, F.; Park, E.; Lee, S. PLoS One, v. 11, #9 (September): e0162683, 2016. <https://www.ncbi.nlm.nih.gov/pubmed/27617742>

Survey of Asian Patients with Hepatitis B Infection: Limited Knowledge of Transmission and Screening of Family Members. Vijayan, T.; Zheng, P.; Nguyen, C.; Brown, A. M.; Chen, Y.; et al. Journal of Immigrant and Minority Health, v. 17, #1 (February), p. 112-117, 2015. <http://www.ncbi.nlm.nih.gov/pubmed/23913129>

HIV Infection

Chinese Immigrant Religious Institutions' Variability in Views on Preventing Sexual Transmission of HIV. Chin, J. J.; Neilands, T. B. American Journal of Public Health, v. 106, #1 (January), p. 110-118, 2016. <https://www.ncbi.nlm.nih.gov/pubmed/26562121>

A Comprehensive Approach to Risk Reduction for Asian and Pacific Islander American Women With HIV/AIDS. Sabato, T. M. Journal of Transcultural Nursing, v. 25, #3 (July), p. 307-313, 2014. <http://www.ncbi.nlm.nih.gov/pubmed/24570381>

HIV Knowledge, Risk Behavior, Stigma, and Their Impact on HIV Testing Among Asian American and Pacific Islanders: A Review of Literature. Sen, S.; Nguyen, H. D.; Kim, S. Y.; Aguilar, J. Social Work in Public Health, v. 32, #1 (January-February), p. 11-29, 2017. <http://www.ncbi.nlm.nih.gov/pubmed/27410387>

HIV/AIDS ASO and CBO Stability & Sustainability Assessment Report: Capacity for Health Project at the Asian & Pacific Islander American Health Forum. San Francisco, CA: Asian & Pacific Islander American Health Forum, 2013. 34 p. Includes bibliographic references. <https://www.apiahf.org/resource/hiv-aids-aso-and-cbo-stability-and-sustainability-assessment-report/>

Mental Health

Asian American Health Initiative's Mental Health Toolkit 1: Staying Well & Living Fully. Asian American Health Initiative (AAHI). Rockville, MD: Asian American Health Initiative (AAHI), 2017. 32 p. <http://aahiinfo.org/wp-content/uploads/2019/04/Staying-Well-Living-Fully-Complete-Toolkit.pdf>

Asian American Health Initiative's Mental Health Toolkit 2: Getting the Care You Need. Asian American Health Initiative (AAHI). Rockville, MD: Asian American Health Initiative (AAHI), 2018. 32 p.

<http://aahiinfo.org/wp-content/uploads/2019/08/Getting-the-Care-You-Need-Complete-Toolkit.pdf>

Beyond Trauma: Post-Resettlement Factors and Mental Health Outcomes Among Latino and Asian Refugees in the United States. Kim, I. Journal of Immigrant and Minority Health, v. 18, #4 (July-August), p. 740-748, 2016. <http://www.ncbi.nlm.nih.gov/pubmed/26169507>

COVID-19 Racism and Mental Health in Chinese American Families. Cheah, C.; Wang, C.; Ren, H.; Zong, X., et al. Pediatrics, v. 146, #5 (November): e2020021816, 2020.

<https://pubmed.ncbi.nlm.nih.gov/32873719/>

Depressive Symptom Severity and Immigration-Related Characteristics in Asian American Immigrants. Lee, M.; Bhimla, A.; Ma, G. X. Journal of Immigrant and Minority Health, v. 22, #5 (October), p. 935-945, 2020. <https://pubmed.ncbi.nlm.nih.gov/32221768/>

Depressive Symptoms and Sleep Disturbances in Korean American Women. Kim, E.; Kim, S.; Cain, K. Asian/Pacific Island Nursing Journal, v. 1, #4 (2016): 5, 2017. <http://dx.doi.org/10.9741/23736658.1041>

Ethnic Differences in Suicidal Ideation and its Correlates among South Asian American Emerging Adults. Lane, R.; Cheref, S.; Miranda, R. Asian American Journal of Psychology, v. 7, #2 (June), p. 120-128, 2016. <https://www.ncbi.nlm.nih.gov/pubmed/27525054>

Statistical Reports

Assessment of Major Federal Data Sets for Analyses of Hispanic and Asian or Pacific Islander Subgroups and Native Americans. Task 3 Report: Extending the Utility of Federal Databases. Rockville, MD: HHS Assistant Secretary for Policy Evaluation (ASPE), 2000.

http://archive.org/details/assessmentofmajo00west_0

Best Practices: Researching Asian Americans, Native Hawaiians and Pacific Islanders. Washington, DC: Applied Research Center & the National Council of Asian Pacific Americans, 2013.

<https://d3n8a8pro7vnm.cloudfront.net/ncapa/pages/33/attachments/original/1430842908/Best-Practices-AANHPI.pdf?1430842908>

Health of Non-Hispanic Asian Adults: United States, 2010-2014: NCHS Data Brief, No. 247. Washington, DC: Centers for Disease Control and Prevention (CDC), 2016.

<http://www.cdc.gov/nchs/data/databriefs/db247.pdf>

Medicare Health Outcomes Survey Data Brief: Asian Americans and Pacific Islanders. Washington, D.C.: Centers for Medicare and Medicaid Services, 2015. <https://www.cms.gov>

Recent Population Trends for the U.S. Island Areas: 2000 to 2010. Washington, D.C.: U.S. Department of Commerce, 2015. <https://www.census.gov/content/dam/Census/library/publications/2015/demo/p23-213.pdf>

The Internet Archive

Explore the Office of Minority Health Resource Center on the Internet Archive website at <https://archive.org/details/minorityhealth>

This online library collection features free, full-text access to a variety of unique and historic reports. For information on Asian American/Pacific Islander health, consider the following items:

- **Developing Cultural Competence in Asian-American and Pacific Islander Communities:** Opportunities in Primary Health Care and Substance Abuse Prevention. Brisbane, F.L., et al. Rockville, MD: CSAP, 1999. <http://archive.org/details/csapculturalcomp05samh>
- **Asian & Pacific Islander National Cancer Survivors Network Cancer Resource Directory (APINCSN).** San Francisco, CA: Asian & Pacific Islander American Health Forum, 2006. <https://archive.org/details/MH06D7060>
- **Current Bibliographies in Medicine:** Asian/Pacific Islander American Health. Bethesda, MD: National Library of Medicine, 1995. <http://archive.org/details/currentbibliogr00nati>
- **HIV/AIDS and Asians and Pacific Islanders.** Rockville, MD: U.S. Department of Health and Human Services. Centers for Disease Control and Prevention, 1996. <https://archive.org/details/hivaidasianspa00cent>

Additional Resources for Asian Americans

Asian American Statistical Profile (Office of Minority Health)

<https://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=63>

Centers for Disease Control – Health of Asian or Pacific Islander Population

<https://www.cdc.gov/nchs/fastats/asian-health.htm>

Centers for Disease Control – Immigrant and Refugee Health

<http://www.cdc.gov/immigrantrefugeehealth>

National Library of Medicine

<https://medlineplus.gov/hispanicamericanhealth.html>

U.S. Census Bureau – Facts for Features - Asian/Pacific American Heritage Month

<https://www.census.gov/newsroom/facts-for-features/2021/asian-american-pacific-islander.html>

National Organizations for Asian Americans

Asian Americans Advancing Justice (AAJC)

<http://www.advancingjustice.org>

Asian Americans for Community Involvement (AACI)

<http://www.aaci.org>

Asian and Pacific Islander American Health Forum, Inc. (APIAHF)

<http://www.apiahf.org>

Asian Liver Center. Stanford University

<https://med.stanford.edu/liver.html>

Asian & Pacific Islander Institute on Domestic Violence (APIIDV)

<http://www.apiidv.org>

Association of Asian Pacific Community Health Organizations (AAPCHO)

<http://www.aapcho.org>

Center for Native and Pacific Health Disparities Research. University of Hawaii

<http://www2.iabsom.hawaii.edu/native>

Congressional Asian Pacific American Caucus (CAPAC)

<https://capac-chu.house.gov>

University of California at Berkeley. Ethnic Studies Library

<http://eslibrary.berkeley.edu>

National Asian American Pacific Islander Mental Health Association (NAAPIMHA)

<http://naapimha.org>

National Council of Asian Pacific Americans (NCAPA)

<http://www.ncapaonline.org>

NYU Center for the Study of Asian American Health (CSAAH)

<http://asian-health.med.nyu.edu>

UCLA Asian American Studies Center

<http://www.aasc.ucla.edu/>

The OMH Knowledge Center contains a collection of 70,000 documents, reports, books, journals, media, and journal articles related to the health status of racial and ethnic minority populations. The library collection also includes sources of consumer health material in more than 40 languages. The OMH Knowledge Center staff can respond to requests from the public by providing selective bibliographies of articles and books in its collection.

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